## Group of Institutions GATEWAY TO KNOWLEDGE

## **Chanderprabhu Jain College of Higher Studies**

&

## School of Law

An ISO 9001:2015 Certified Quality Institute (Recognized by Govt. of NCT of Delhi, Affiliated to GGS Indraprastha University, Delhi)

No.:CPJCHS/2023/179 27-March-2023

## **NOTICE**

Grievance Redressal Committee (GRC) is Organizing Workshop for students' conducted by "SAHAJA YOGA"

"Meditation is the only way you can grow because when you meditate you are in Silence; you are in thoughtless awareness. Then the growth of awareness takes place. – H. H. Shri Mataji Nirmal Devi."

We are pleased to inform all the Students of **BBA(G)/BBA(CAM)/BCA/B.COM(H) B.A LL.B(H)** & **BBA LL.B(H)** that, the Grievance Redressal Cell of our College is organizing Sahaja Yoga Meditation Session for Mental Health & Well Being.

Date : Monday, 03-April-2023

Time : 12:00 p.m. onwards

Venue : CPJ Campus, Multi Purpose Hall (MPH)

**Dress Code** : Carry casuals

Further to Note, Attendance is Mandatory and any violation would be taken seriously.

For any query, you may contact -

**Ms. Swati Malik**, TPO MCIT : 9899319607 **Ms. Saumya**, Prog. Coordinator : 9871058380

Sd/-

**Director**